

Report
NHRC Sponsored One- Day Training Programme
(7th Oct, 2023)

One-Day Training Programme (sponsored by National Human Rights Commission, New Delhi) based on “Rights of Women in India” was organized by Women Security Cell of Shri Sanatan Dharam Girls’ College, Bathinda (Punjab) on 7th October, 2023. The main aim of organizing this training programme was to create awareness in the minds of both men and women regarding the rights of women. Being aware, women would be able to raise voice against gender based discrimination. The training programme was an effort to awaken the males regarding the respect they must give to women.

Chief Guest of the Training Programme was Sh. Surajit Dey, Registrar (Law), National Human Rights Commission, New Delhi. Faculty, research scholars and students of various organizations participated in the programme. Total 217 participants attended the programme. Press reporters from various newspapers also joined the programme as per their suitability.

After floral welcome of Chief Guest Sh. Surajit Dey and Resource Person of First Session Dr. Punnet Pathak (Associate Prof, Dept. of Law, Central University of Punjab, Bathinda), traditional and auspicious Lamp Lighting ceremony was conducted. Welcome Address was delivered by Adv. Sanjay Goyal (President, SSD Group of Girls’ Colleges, Bathinda). In his address, he highlighted the progress of the college in various areas. Inaugural Address was delivered by Chief Guest Sh. Surajit Dey. He emphasized that NHRC is a statutory body which has been set up to spread human rights literacy and sensitize people belonging to

various sections of society on all aspects relating to human rights through publications, media, seminars, training programmes and other available means.

In the first session, Dr. Puneet Pathak (Associate Prof, Dept. of Law, Central University of Punjab, Bathinda) shared his expertise regarding Constitutional provisions, universal declaration on Human Rights, 1948, International Covenants regarding Human Rights, Protection of Human Rights Act, 1993. He also explained about composition of NHRC and SHRCs. At the end of first session, Dr. Puneet Pathak was felicitated with a memento by the college.

After a tea break of 15 minutes, Resource Persons of second and third sessions were there for the programme. Both of them were formally welcomed by College Principal Dr. Neeru Garg. Resource Person of second session was Dr. Ritu Lehal (Prof. in Management and former Dean, Women Studies' Centre, Punjabi University, Patiala). She discussed about UN Convention on the elimination of all forms of discrimination against women, 1979 and its optional protocols. She shared various Indian constitutional provisions for protection of rights of women. She also explained about composition and functioning of NWC/SWCs.

After lunch break of half an hour, third session was started. Resource person of third session was Dr. Rajesh Gill (Advocate, Bar Council of Punjab & Haryana and retired Professor of Sociology, Panjab University, Chandigarh). She revealed that various types of violence against women are increasing day by day. Even educated women are facing domestic violence. She discussed regarding the sexual harassment of women at the workplace and the complaint mechanism. She shared information regarding Female Foeticide and Pre-Conception and Pre-Natal Diagnostic Techniques (Prohibition of Sex Selection) Act, 2003. By having knowledge of various constitutional provisions regarding rights of women and by

taking action, the problem can be mitigated. At the end of third session, Dr. Ritu Lehal (Resource Person of second session) & Dr. Rajesh Gill were felicitated by the college.

After tea break of fifteen minutes, fourth session was started. The Resource Person of fourth session was Dr. Tarun Arora (Prof. & Head, Dept. of Law, Central University of Punjab, Bathinda). He discussed about reproductive and maternal health issues. He also revealed various nutritional deficiencies among females. He shared his expertise regarding education and employment issues among women.

In all the sessions, Resource Persons emphasized various measures to prevent discrimination against women. All the sessions were very interactive. Queries of all the participants were resolved by respective Resource Persons of all the sessions. At the end of each session, Chief Guest Sh. Surajit Dey made remarks and supplemented more information.

In the Valedictory session, certificates were distributed to the participants. Chief Guest of the training programme Sh. Surajit Dey and Resource person of fourth session were felicitated. College Principal Dr. Neeru Garg proposed vote of thanks by expressing special gratitude to Chief Guest for sparing time for the training programme. She appreciated the efforts of NHRC for nominating the Chief Guest of a very high stature for the occasion. She also appreciated the efforts of Dr. Asha Singla, Convener of the training programme. The training programme ended with National Anthem. Organizing One Day Training Programme (sponsored by NHRC, New Delhi) is a great achievement for the college.