Semester V

PAPER: FOOD MANAGEMENT

Maximum Marks:100
Theory: 52 marks
Internal Assessment: 18 marks
Practical: 30 marks

Time allotted: 3 hours
Pass Marks: 35% in theory
and Practical separately
Periods : 6 per week

THEORY

INSTRUCTIONS FOR THE PAPER-SETTER

The question paper will consist of three sections A, B and C. Sections A and B each will have four questions from the respective sections of the syllabus and will carry 8 marks each. Section C will consist of ~~15~~ 10 short answer type questions of 2 marks each and will cover the entire syllabus uniformly.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from Section A and B of the question paper and the entire section C.

SECTION-A

1. Food- Definition of food, Importance of nutrition,
   Nutrients- Definition, Classification of nutrients and functions of nutrients.
2. Sources and requirements of different nutrients.
   Major food groups- cereals, pulses and legumes, fruits and vegetables, fats and oils, Suger, molasses and jaggery
3. Concepts and components of a balanced diet. Nutritional deficiencies and excess of protein, carbohydrates, fats
4. Meal Planning- Definition, Importance and Factors affecting meal planning for the family.
   Planning of diet for- Pregnant and lactating women, infants, children, adolescents and adults. Diet for patients suffering from diarrhea, dysentery, constipation, diabetes, high blood pressure, fever.

SECTION-B

5. Food spoilage- Definition, causes and factors affecting food spoilage.
   Food [illegible]vation- Definition, importance, principles, Importance of food preservation and hous[illegible] methods of food preservation.
6. Cons[illegible]ducation- Definition, Need and Importance of consumer education. Role of Cons[illegible] importance. Rights and responsibilities of consumer. Factors affecting to cons[illegible]
7. Food [illegible] Definition, common adulterants in food, Malpractice [illegible] in the mark[illegible] weights and measures, Attractive sale gimmicks [illegible]
8. Food [illegible] ISI, BIS, Agmark, [illegible] [illegible] consumer prot[illegible]