## SYLLABUS (PSYCHOLOGY)

# B.A. PART-1: Semester I(Session 2024-25 and 2025-26)

THEORY PAPER: GENERAL PSYCHOLOGY-A

Time Allowed: 3 hrs

Max. Marks: 50

Pass Marks: 35%

## INSTRUCTIONS FOR THE PAPER-SETTER:

The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have to subparts Examiner will be two questions from Section A (Each question having internal choice covering book parts of syllabus of section A) and two questions from section B (Each question have internal choice covering the entire syllabus of section B). Each question will carry & marks. Section C is compulsory and shall comprise nine short answer type questions carrying 2 marks each. The type answer should be written in approximately 50 words.

## INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt one question from each subpart of both the sections A & B of the question paper and the entire section C. The short type answer should be written in approximately 30 words in 3-4 lines.

### **SECTION A**

- Introduction to Psychology: Approaches: Biological and Evolutionary, Psychodynamic, i) Behaviorist, Cognitive, Humanistic, Nature and Scope Methods of Psychology: Observation, Case Study, Experimental Method, Survey.
- Learning: Nature, Determinants. Theories-Trial and Error, Weicheimr Rohler. ii)

#### **SECTION B**

- Personality: Nature, Biological and Socio-Cultural Factors, Theories-Freud, Allport, Cattell, i) Eysenck; Assessment of Personality.
- Statistics: Measures of Central Tendency (Mean, Median, Mode) and Variability (Range, ii) Average Deviation, Quartile Deviation, Standard Deviation). Graphical Representation of Data: Histogram, frequency polygon and Ogive

Note: Use of Non-Programmable Calculators and Statistical Tables allowed

### TEXT BOOKS

- 1. Benjamin, Jr. L.T., Hopkings. J.R., & Nation, J.R. (1987). Psychology. New York: Macmillan Publishing Co.
- 2. Crooks, R.L.. & Strin. J. (1988). Psychology: Science, Behaviour and Life. New York: Rinehart and Winston, Inc.
- 3. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler. J. (1986). Introduction to Psychology. New York: McGraw Hill Book Co.
- 4. Baron. R.A. (1996). Psychology. New Delhi: Prentice Hall of India.
- 5. Hurlock, E.B. (1968). Developmental Psychology. NY: McGraw Hill Book Company.
- 6. Fieldman, R.S. (1996). Understanding Psychology. New Delhi: Tata McGraw Hill.
- 7. Garrett, H. (1996). Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons.

### **PRACTICALS**

B.A. PART-I: Semester I Session 2024-25 and 2025-26

Max Marks: 20 Total No. of Periods: 3 per week

Pass Marks: 10

# INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce rotating to the practical given for performance No re-appear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject. For practical examination, one group of students will not comprise of more than 20 students at a time.

# INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 20 marks and of three hours duration, Practical in will be held by one external examiner.

Evaluation will be based on actual performance, write up, practical file of the candidate and a diary or journal on self-awareness.

## Breakup of marks

Performance 8 marks
Viva voce 8 marks
Practical file 4 marks

Following Practicals have to be performed

- Personality Inventory (EPI)
- 2. Sentence Completion Test
- 3. Transfer of learning
- 4. Maze Learning
- 5. Survey

### **PRACTICALS**

B.A. PART-I: Semester II Session 2024-25 and 2025-26

Max Marks: 20 Total No. of Periods: 3 per week

Pass Marks: 10

# INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce rotating to the practical given for performance

No re-appear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

## INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 20 marks and of three hours duration, Practical in will be held by one external examiner.

Evaluation will be based on actual performance, write up, practical file of the candidate and a report on analysis on favourite TV Show/Serial.

## Breakup of marks

Performance 8 marks
Viva voce 8 marks
Practical file 4 marks

Following Practicals have to be performed

- 1. Non-Verbal Test of Intelligence
- 2. Performance Test of intelligence
- 3. Facial Expressions in Emotions
- Level of Aspiration
- 5 Measurement of Motivation

## SYLLABUS (PSYCHOLOGY)

B.A. PART-1: Semester II Session 2024-25 and 2025-26

## THEORY PAPER: GENERAL PSYCHOLOGY-B

Time Allowed: 3 hrs Max. Marks: 50

Pass Marks: 35%

### INSTRUCTIONS FOR THE PAPER-SETTER

The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8 marks. Section C is compulsory and shall comprise nine short answer type questions carrying 2 marks each. The short type answer should be written in approximately 50 words.

### INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt one question from each subpart of both the sections A & B of the question paper and the entire section C. The short type answer should be writes in approximately 50 words i.e. 7-8 lines.

#### SECTION A

Biological foundations of Behaviour: Nervous System: Central Nervous System: Structure and Functions of Brain and Peripheral Nervous System. The Endocrine System and its functions.

Nature, Types and Determinants

Theories: Spearman, Guilford & Thrustone Testing: Verbal, Non-verbal & Performance

#### **SECTION B**

Motivation: Concept, Types of Motives; Factors Influencing motivation

Theories: Murray, Maslow, McClelland,

Emotions: Concept, Development, Effect of Culture on Emotional Expression

Theories-James-Lange, Cannon-Bard, Activation; Effect of Culture on Emotional Expression

Physiological Correlates.

#### TEXT BOOKS

- 1. Baron. R.A. (1996), Psychology, New Delhi: Prentice Hall of India.
- 2. Benjamin, Jr. L.T., Hopkings, J.R., & Nation, J.R. (1987). Psychology. New York: Macmillan Publishing Co.
- 3. Chaplin., J.R., & Kraweic, T.S. (1986). System and Theories of Psychology. New York: Holt, Rinehart and Winston, Inc.
- 4. Crooks. R.L., & Strin. J. (1988). Psychology: Science, Behaviour and Life. New York: Holt, Rinehart and Winston.
- 5. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (1986). Introduction of Psychology New York: McGraw Hill Book Co.
- 6. Pandey, J., Sinha, D., & Bhawak, D.P.S. (1996), Asian Contributions to Cross-cultural Psychology. New Delhi: Sage Publications.