

Punjabi University, Patiala Syllabus
Scheme of Studies and Syllabus for B.A.- II, Semester III & IV
Home Management
Session 2018-19, 2019-20 and 2020-21

Scheme of Studies

Semester III

Paper	Theory	Practical
Family Relations & Resource Management	3 periods/week	3 periods/week

Scheme of Examinations

	Name of Paper	No. of Paper	Time in Hrs.	Marks	Internal Assessment Marks	Total
Theory	Family Relations and Resource Management	1	3	52	18	70
Practical	Family Relations and Resource Management	1	3	30	-	30
Total Marks (Theory and Practical)						100

Note: Internal Assessment will be based on attendance (20%), Written Assignments/Project-work etc., (40%) and two mid semester tests/internal examinations* (40%).

*Average of both mid semester tests/internal examinations.

Semester IV

Paper	Theory	Practical
Population Education	6 periods per week	-

Scheme of Examinations

	Name of Paper	No. of Paper	Time in Hrs.	Marks	Internal Assessment Marks	Total
Theory	Population Education	1	3	74	26	100

Note: Internal Assessment will be based on attendance (20%), Written Assignments/Project-work etc., (40%) and two mid semester tests/internal examinations* (40%).

*Average of both mid semester tests/internal examinations.

SEMESTER - III

FAMILY RELATIONS & RESOURCE MANAGEMENT

Maximum marks : 70

Time allotted: 3 hours

Theory: 52

Period per week: 3

Internal Assessment: 18

Pass Marks: 35% in the subject
of theory and Practical separately

Instructions for the paper-setter

The question paper will consist of three sections A, B and C. Sections A and B will have four questions from different sections of the syllabus and will carry 8 marks each. Section C consist of 10 short answer type questions of 2 marks each which will cover the entire syllabus uniformly.

Instructions for the candidates

Candidates are required to attempt two questions each from section A and B of the question paper and the entire section C.

Section –A

1. Meaning, types and functions of family.
2. Changing patterns of modern Indian family.
3. Stages of family life cycle.
4. Responsibilities & qualities of a good Indian family.
5. Process of communication.
6. Making of time plans, controlling & evaluation.
7. Tools in time-Management.
8. Energy Management.
9. Principles of work simplification.
10. Techniques to study household work.
11. Time & energy Management in Kitchen.
 - i. Types of Kitchen.
 - ii. Organization of work.
 - iii. Work centres.

Section – B

1. Selection and arrangement of furniture in different rooms.
2. Different types of accessories & their arrangements.
3. Household cleaning routine.
4. Equipments required for the cleanings of the house.
5. Cleaning of different household articles.
6. Household pests, getting rid of house hold pests.
7. Social & Psychological impact of clothing.
8. Application of art principles in relations to clothing.
9. Different types of fibers & their properties.
10. Selection & care of household textiles/linen.
11. Principles of washing & finishing.
12. Stain removal & dry cleaning.

Practical

(Family Relations and Resource Management)

Maximum Marks: 30

Time allotted: 3 hours

Pass Marks: 35% in the subject of theory and Practical separately

Periods per week: 3

1. To make time plan for a college going girl.
2. To show arrangement of furniture in different rooms.
3. To draw different types of kitchen.
4. To prepare & use furniture & floor polishes.
5. To clean & polish various metals, glass leather & plastics articles.
6. To clean carpet, rugs and blanket.
7. Removal of different types of stains from fabric.
8. Identification of fibers by different tests.

Books Recommended

1. Deacan, R.E. and F.M. Firobaught (1978): Home Management Context Concept, USA Hangrton Miffin Company.
2. Dhesi J.K. (1976) : Improving the Household Equipment, Communication Centre, PAU Ludhiana, First Ed.
3. Pitzrimmangs C and N White (1958): Management for your J.B. Lippinet Company, USA.
4. Gross, I.H.E.W. Crandoll and M.M. Knoli (1973), Management for Modern Families. Applantacentury-Carfits, New York.
5. Johstan B.J. (1965): Equipment for Modern Living. The MacWillan Company, New York.
6. Nickoll, P and J.M. Doresy (1967): Management in Family living. Wiley Eastern Private Limited, New Delhi.
7. Oppenheim I (1965): The Family as Consumes. The Macmillan Company, New York.
8. Peet, L.J. (1958): Young Home Makers. Equipment Guide. The Towa State College Pres, Ames Towa, USA.
9. Preet. L.J. M.G. Arnold, Micket and I Wolf (1970): Household Equipment John Wiley and Sons. Inc, New York.
10. Ray, B, (1985): Fundamental of Home Science, Sterling Publishers Private Limited, New Delhi.
11. Vergess. M.A.N.N. Ogalc and K. Srivasan (1982): Home Management, Wiley Eastern Limited, New Delhi.
12. Wilson, P. (1976): Household Equipment, Selection and Management Houghton, Miffa Company/Bosted USA.
13. Sharma: Home Management & House Keeping.
14. Kaur: Theory & Practice of Home Management.
15. Vargese: Home Management.

Semester IV

POPULATION EDUCATION

Maximum Marks: 100

Time allotted: 3 hours

Theory: 74

Periods per week: 6

Internal Assessment: 26

Pass Marks: 35% in the subject

Instructions for the Paper-setter

The question paper will consist of three sections A,B and C. Sections A and B will have four questions from the different sections of the syllabus and will carry 11 marks each. Section C consists of 10 short answer type questions of 3 marks each which will cover the entire syllabus uniformly.

Instructions for the Candidates

Candidates are required to attempt 2 questions each from section A and B of the question paper and the entire Section C.

Section –A

1. Meaning of People, Population, Population-awareness.
2. Family Size-Family Size & Education: Family size and Poverty; Family Size and Social Status.
3. Demography-meaning, nature & important of demography.
4. Population education –Its meaning, objective and Importance.
5. Importance of Population among school & college students and teachers.
6. Size, age wise and sex wise composition, special distribution of population in India.
7. Components of population change in India. Culture, Religion, Poverty, Illiteracy & Urbanization.

Section – B

1. Size, age wise and sex wise composition, spatial distribution of population in Punjab.
2. Components of population change in Punjab: Culture, Religion. Poverty, Illiteracy & Urbanization.
3. Infant morality-Concept. Cause of death, factor affecting mortality decline.
4. Consequences of populations growth:

- (a) Unemployment & under employment.
 - (b) Environmental Pollution.
 - (c) Socio-Economic development.
5. Control measures to check further population growth.

Books Recommended

1. Dubey, R.M., Population Dynamics in India, 1981.
2. Jain, S.P. Indian Population Situation of Education, Journal of Education, Jan. March 1983.
3. Jain, S.P., Indian Population and Development, New Delhi, NCERT, 1977.
4. Mathur, V.S., Spreading Population Awareness Among the youth. Population Education, Punjab, Newsletter No. 9, April June 1985, 12-13.
5. Mathur, V.S. Population Control Role of Education Punjab, Newsletter No. 4 October-December 1963: 16-19.
6. Mehta, T.S. Population Education: Selected Reading, New Delhi, NCERT, 1972.
7. Mathur V.S., Some thought on population Education, Ambala City, Aggarwal Prakashan, 1976.
8. Raj. Hans. Population Studies with special reference to Delhi: Surjeet Publication, Delhi, 1982.
9. S.C.E.R.T. Population Education Programme Punjab, Population Education Punjab, Newsletter I, Jan-March, 1983: 2-21.
10. S.C.E.R.T., Jan-Sankhia, Sikhaia, Saandhi Agvace Pustak (Secondary Schoolan Lace) Chandigarh SERT, 1985.
11. Sharma, R.C., Population Trens: Resources and Enviroment Hand-Book on Population Education, Delhi: Dhanpat Rai and Sons 1975.
12. Aggarwal, Woman Education & Population in India.